



Program

B-ORL **Annual Congress 2024**

22 – 23 November 2024

Wilrijk, Belgium
University Antwerp, Campus Drie Eiken

President : An Boudewyns

Key-note speakers & International Faculty

- Vincent Couloigner (Paris, France)
- Raj Dedhia (Pennsylvania, US)
- Derek Lam (Oregon, US)
- Navan Mani (Manchester, UK)
- Tjasse Bruintjes (Apeldoorn, Netherlands)
- Sarah Lebeer (Antwerp, Belgium)
- Ilse Dapper (Belgium)



www.orl-nko.be



Dear colleagues,

I'm pleased to announce that the final program of the B-ORL Annual Congress 2024.

The theme of the meeting "ENT across the life-span, balanced and sustained" will cover recent innovations in the field of ENT for both pediatric and adult patients.

This program reflects the effort of our local ENT faculty at UZA who invited national and international colleagues from different ENT subspecialties and other disciplines.

The Professional ENT society will support the session professional development, Green ENT and a breakfast session on Saturday morning for the ENT trainees and master of the trainee program.

Representatives from the industry will be eager to providing you updates on new products, instruments and tools during the coffee and lunch breaks.

The congress diner on Friday evening will take place at an historical location with an excellent culinary tradition: restaurant Sir Anthony Van Dijck in "de Vlaaikensgang".

And finally, the Annual Congress is an excellent opportunity to meet and chat with colleagues in a friendly atmosphere and to visit Antwerp.

I look forward to meeting you at the B-ORL Annual Congress 2024 and I would like to encourage you to take advantage of the early-bird registration fees.

Kindest regards,

An

Prof. dr. An Boudewyns
President B-ORL 2024

Programme at a glance

Friday 22 November 2024		Saturday 23 November 2024		
Auditorium		Promotiezaal		Workshoproom
08:30	Rhinology	Otology	Facial Plastics	Breakfast session : Ma-na-ma in ENT
10:30	Coffee break		Coffee break	
11:00	Workshop: Rhinology	Workshop: Laryngology	Oncology in ENT (Head/Neck/ Rhinology)	Otology
12:20	Keynote : Prof. dr. Vincent Couloigner, Paris, France			
12:50	Lunch		Lunch	
14:00	Keynote : Prof. dr. Sara Lebeer, University of Antwerp		Ethics & Economics ENT : Green, Lean Sustainable	
14:30	Head and Neck (Non-oncologic conditions)	Obstructive Sleep Apnea Syndrome	Ethics & Economy Keynote : Dr. Ilse Dapper	
16:30	Coffee break		Farewell drink	
17:00	Workshop: Career Development	Workshop: Oropharyngeal Dysphagia		
18:00				
19:30	B - ORL Networking dinner			

International faculty and key-note speakers



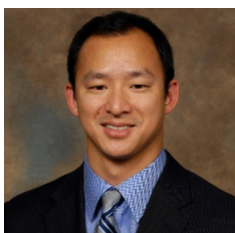
Tasse Bruijntjens

Prof Tjasse Bruijntjens is ENT- surgeon with a special focus on vestibular disease in Apeldoorn, The Netherlands. In 2000 he co-founded the Apeldoorn Dizziness Centre, which developed over the years into a centre of expertise for dizzy patients. Since 2020 he is a professor in otorhinolaryngology, in particular Meniere's disease, at Leiden University. His research is focused on the diagnosis and treatment of Meniere's disease, BPPV and loss of vestibular function. He was chairman of the Dutch multidisciplinary guideline committee "BPPV", "Dizziness in the elderly" and "Meniere's disease".



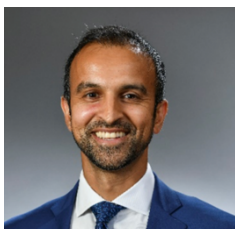
Ilse Dapper

Dr Ilse Dapper is specialist in internal medicine- intensive care specialist – emergency medicine. Leadershipconsultant (Harvard Business School – Ehsal – coachingcertificate)
Founder of BDapper in 2016: the mission of BDapper is to inspire and inform other medical doctors concerning leadership skills. These skills unlock the potential of healthcare workers so they can flourish and keep the good vibes in medicine. Since 2021 Ilse is fulltime working as a leadership consultant.



Derek Lam

Derek J. Lam MD, MPH is a Professor in the Department of Otolaryngology-Head and Neck Surgery at Oregon Health and Science University. He completed his medical school, residency, and Masters of Public Health at the University of Washington in Seattle and a Pediatric Otolaryngology fellowship at Cincinnati Children's Hospital Medical Center. Dr. Lam is a clinician-scientist and studies the diagnosis and surgical management of pediatric obstructive sleep apnea, supported by two R61/R33 grants through the National Heart, Lung, and Blood Institute. His other clinical interests include dysphagia management, airway reconstruction, and surgical management of adult sleep apnea, including upper airway stimulation.



Raj Dedhia

Raj C. Dedhia, MD MSCR is currently Associate Professor and Director of Sleep Surgery & CPAP Alternatives Clinic at the University of Pennsylvania in Philadelphia, PA USA. Dr. Dedhia is board-certified in both sleep medicine and otolaryngology. He has a unique background having completed an accredited fellowship in sleep medicine & surgery at the University of Washington, residency in otolaryngology/head & neck surgery at the University of Pittsburgh Medical Center and a Masters in Clinical Research from the University of Pittsburgh. Dr. Dedhia performs the full gamut of sleep surgery including drug-induced sleep endoscopy, complex functional nasal surgery, soft tissue reconstruction, hypoglossal nerve stimulation and skeletal surgery. As Site Director of the Sleep Medicine & Surgery Fellowship at the University of Pennsylvania, he regularly trains sleep otolaryngology fellows. At present, Dr. Dedhia receives grant support from the National Institutes of Health. His research interests include upper airway pathophysiology in sleep-disordered breathing as well as the cardiovascular effects of sleep-disordered breathing.



Navan Mani

Dr Navan Mani is an ENT Consultant based at Manchester Royal Infirmary. He has an interest in thyroid and parathyroid surgery, head & neck oncology and general ENT conditions. He undertook a sub-speciality training in New York, USA, gaining international experience and expertise.

Dr Navan Mani is the department lead for clinical effectiveness at Manchester Royal Infirmary and works closely with colleagues and other staff to ensure safe and effective patient care.



Sarah Lebeer

Prof. Dr. Ir. Sarah Lebeer is internationally recognized for her research on the microbiome, particularly concerning the vagina, skin, and upper respiratory tract (URT) or ENT region. She earned her Master's in Bioscience Engineering at KU Leuven, followed by a PhD in Bioscience Engineering on the gut microbiome in 2008. Since 2011, she has served as the principal investigator and head of the Laboratory of Applied Microbiology and Biotechnology at the University of

Antwerp, currently appointed as full professor.

Her groundbreaking work on probiotics and lactobacilli has positioned her as a leading figure in the field. For example, she serves as the current vice president of the International Scientific Association on Probiotics and Prebiotics (<https://www.isappscience.org>).

One of Prof. Lebeer team's notable achievements was their role as the coordinator of the ProCure IWT SBO project (<https://procureproject.be>), which ran from 2016 to 2020. This project, carried out in close collaboration with ENT specialists Prof. Vanderveken (UAntwerpen) and Prof. Hellings (KU Leuven), focused on advancing research on the URT microbiome in relation to chronic rhinosinusitis and otitis media. The ProCure project laid the groundwork for subsequent groundbreaking studies that have significantly enhanced our understanding of the URT microbiome and potential for ENT probiotics.

Today, Prof. Lebeer and her team continue to explore the role of the URT microbiome in conditions such as otitis media, cleft palate, and cystic fibrosis. This ongoing research involves collaborations with experts like Prof. An Boudewyns, Prof. Topsakal, Prof. Stijn Verhulst, Prof. Irina Spacova, and Prof. Kim Van Hoorenbeek. Reflecting their commitment to advancing health equity through microbiome-centric and multidisciplinary research, they are launching a new Centre of Excellence at UAntwerp named U-MaMi, dedicated to studying the URT, gut, and vaginal microbiomes.



Vincent Couloigner

Professor. Vincent Couloigner is Head of the Pediatric ENT department in Necker Pediatric Hospital, Assistance Publique – Hôpitaux de Paris, Paris Cité University. He is Secretary General of the French ENT Society and Head of the Scientific Committee of the European Society of Pediatric Otorhinolaryngology (ESPO).

His field of interest and specialization in pediatric ENT are head and neck tumours and malformations, skull base surgery, robotic thyroid surgery, sleep apnea and emergencies.

Programme in detail

Friday – 22 November - Morning

AUDITORIUM

08h30 – 10h30 : Rhinology

Moderator : Stijn Halewyck

- 08h30 The use of systemic steroids for chronic rhinosinusitis: Weighing the pros and cons *Valerie Hox*
- 09h00 Rhinology guideline update *Kato Speleman*
- 09h30 Nose reconstruction - overview and update *Callum Faris*
- 10h00 Taste and smell loss - an update *Caroline Huart*

10h30 - 11h00 *Coffee break & visit exhibition*

11h00 – 12h15 : Workshop - Rhinology

Moderators : Florence Rogister and Anneclaire Vroegop

- 11h00 Update on biologicals: Indications and future perspectives *Philippe Gevaert*
- 11h15 When to operate in pediatric sinus disease? *Laura Van Gerven*
- 11h30 Management of frontal sinus pathology *Thibaut Van Zele*
- 11h45 Round table on difficult sinus cases
Philippe Gevaert, Laura Van Gerven, Thibaut Van Zele

12h20 – 12h50 : Keynote lecture

Moderator : An Boudewyns

- 12h20 ENT accross the life span: Challenges and potentials
Vincent Couloigner (Paris, France)

12h50 - 14h00 *Lunch & visit exhibition*

PROMOTIEZAAL

08h30 – 10h30 : Otology

Moderator : Mark Lammers

- 08h30 Managing acute mastoiditis in children: Antibiotics, grommets, mastoidectomy, leave drain? *Elke Loos*
- 09h00 National guidelines on cochlear implantation. To ensure safe and effective care *Philippe Lefèbvre*
- 09h30 Adult tympanoplasty: Tips and tricks with respect to technique and material *Nicolas Verhaert*
- 10h00 Cochlear implants: When is it better than a hearing aid and what about reimbursement? *Vincent Van Rompaey*

10h30 - 11h00 *Coffee break & visit exhibition*

11h00 – 12h15 : Workshop - Laryngology

Moderator : Gauthier Desuter

- 11h00 Voice work-up: The ELS Consensus *Jérôme Lechien*
- 11h20 Case presentations
- 11h20 *Laura Bousard*
- 11h25 *Gwen Van Nuffelen*
- 11h30 *Gauthier Desuter*
- 11h35 *Eveline D'haeseleer*
- 11h40 *Peter Thomassen*
- 11h45 Round table discussion
- Jérôme Lechien, Laura Bousard, Gwen Van Nuffelen, Gauthier Desuter, Eveline D'haeseleer, Peter Thomassen*

12h20 – 12h50 : Keynote lecture (Auditorium)

12h50 - 14h00 *Lunch & visit exhibition*

Friday – 22 November - Afternoon

AUDITORIUM

14h00 – 14h30 : Keynote lecture

Moderator : An Boudewyns

14h00 The microbiome of the ear-nose-throat region: Recent insights and clinical applications
Sarah Lebeer (UAntwerp)

14h30 – 16h30 : Head and Neck (Non-oncologic conditions)

Moderator : Gilles Van Haesendonck

14h30 Congenital cysts in head and neck *Vincent Vander Poorten*

15h00 Sialendoscopy: Current indications *Steven Mariën*

15h30 Non-malignant indications for robotic surgery in the head & neck region
Tom Vauterin

16h00 A case you will never forget *Carl Van Laer*

16h30 - 17h00 Coffee break & visit exhibition

17h00 – 18h00 : Workshop – Career Development

Moderator : Callum Faris

17h00 Innovation in the hospital environment *Marc Peeters*

17h20 Development of an academic career: Training and education *Vincent Couloigner*

17h40 Development of a surgical career *Navan Mani (Manchester, UK)*

19h30 - Congress networking dinner

PROMOTIEZAAL

14h00 – 14h30 : Keynote lecture (Auditorium)

14h30 – 16h30 : OSAS

Moderators : Olivier Vanderveken and An Boudewyns

- 14h30 OSAS in adolescents *Stijn Verhulst*
- 15h00 Value of DISE in children with obstructive sleep apnea *Derek Lam (Oregon, US)*
- 15h30 POP DISE *Raj Dedhia (Pennsylvania, US)*
- 16h00 Why the future looks bright for OSA patients *Olivier Vanderveken*

16h30 - 17h00 *Coffee break & visit exhibition*

17h00 – 18h00 : Workshop – Oropharyngeal Dysphagia

Moderator : Gwen Van Nuffelen

- 17h00 Evaluation and management of oropharyngeal dysphagia *Rupal Mehta*
- 17h15 Multidisciplinary approach - cases & rehabilitation strategies (SLP)
Gwen Van Nuffelen
- 17h30 Multidisciplinary approach - cases & rehabilitation strategies (ORL)
Diane Van Rompaey
- 17h45 Importance of nutritional assessment *Sanne Mouha*

19h30 - *Congress networking dinner*

Saturday – 23 November - Morning

WORKSHOP ROOM

08h00 – 08h45 : Breakfast session : ENT training in Belgium

Moderators : Nadine Masy and Nicolien van der Poel

08h00 ENT training in Belgium: Tools for organisation in view of the complex legal requirements **Danny Matthijssen**

AUDITORIUM

08h30 – 10h35 : Facial plastics

Moderators : Garyfalia Lekakis, Gert Jeunen and Emily Lavrysen

08h30 Skin cancer guidelines **Kevin Gmelig Meijling**

08h55 Case selection in primary rhinoplasty - who (not) to operate **Peter Hellings**

09h20 Structural, preservation or precision rhinoplasty: What's in a name? **Frank Declau**

09h45 Revision rhinoplasty **Callum Faris**

10h10 Tongfrenulum **Greet Hens**

10h35 - 11h00 Coffee break & visit exhibition

11h00 – 12h30 : Oncology in ENT (Head/Neck/Rhinology)

Moderator : Carl Van Laer

11h00 An overview of malignant head and neck tumors in pediatric population and indications for surgery **Joris Verlooy**

11h20 Leukoplakia/OPMD **Senada Koljenovic**

11h40 Surgical management in thyroid malignancies **Wouter Huvenne**

12h00 A case you will never forget **Vincent Vander Poorten**

12h20 Q&A

12h30 - 14h00 Lunch & visit exhibition

11h00 – 12h30 : Otology

Moderator : Vincent Van Rompaey

- 11h00 External ear deformities: Update on management ***Herman Junior Vercruysse***
- 11h15 Cholesteatoom: when and how to operate ***Jean-Philippe Van Damme***
- 11h30 What has changed in my dizziness clinic the last 10 years and what do think will
change in the next 5 years? ***Tjasse Bruintjes (Apeldoorn, NL)***
- 11h45 Pediatric tympanoplasty: Differences with adult tympanoplasty?
Ingeborg Dhooge
- 12h00 Instructional endoscopy: A sightseeing tour in the middle ear. ***Sven Geukens***
- 12h15 Q&A

12h30 - 14h00 Lunch & visit exhibition

Registration

Registration on-line at www.ORL-NKO.be

Registration fee *		Early	Late (as from 2/11/2024)
B-ORL Member MD	1 Congress day	€ 95,00	€ 125,00
	2 Congress days	€ 155,00	€ 185,00
Non-Member MD	1 Congress day	€ 500,00	€ 500,00
	2 Congress days	€ 530,00	€ 530,00
MD in residence	1 Congress day	€ 65,00	€ 95,00
	2 Congress days	€ 110,00	€ 140,00
Medical Student	1 Congress day	€ 65,00	€ 95,00
	2 Congress days	€ 110,00	€ 140,00
B-Audio member	1 Congress day	€ 95,00	€ 125,00
	2 Congress days	€ 155,00	€ 185,00
Paramedical / non-member B-audio	1 Congress day	€ 95,00	€ 125,00
	2 Congress days	€ 155,00	€ 185,00
Student (Non-MD)	1 Congress day	€ 65,00	€ 95,00
	2 Congress days	€ 110,00	€ 140,00
Congress Dinner (22 November 2014)		€ 110,00	

* The registration fee covers admittance to the scientific sessions, final program, access to technical exhibition, lunch, and refreshments during breaks

Social Program and Congress Dinner

Friday 22 November 2014 (19h30)

Venue: Sir Anthony Van Dijck

Address: Oude Koornmarkt 16, 2000 Antwerpen

Price : € 110/ person

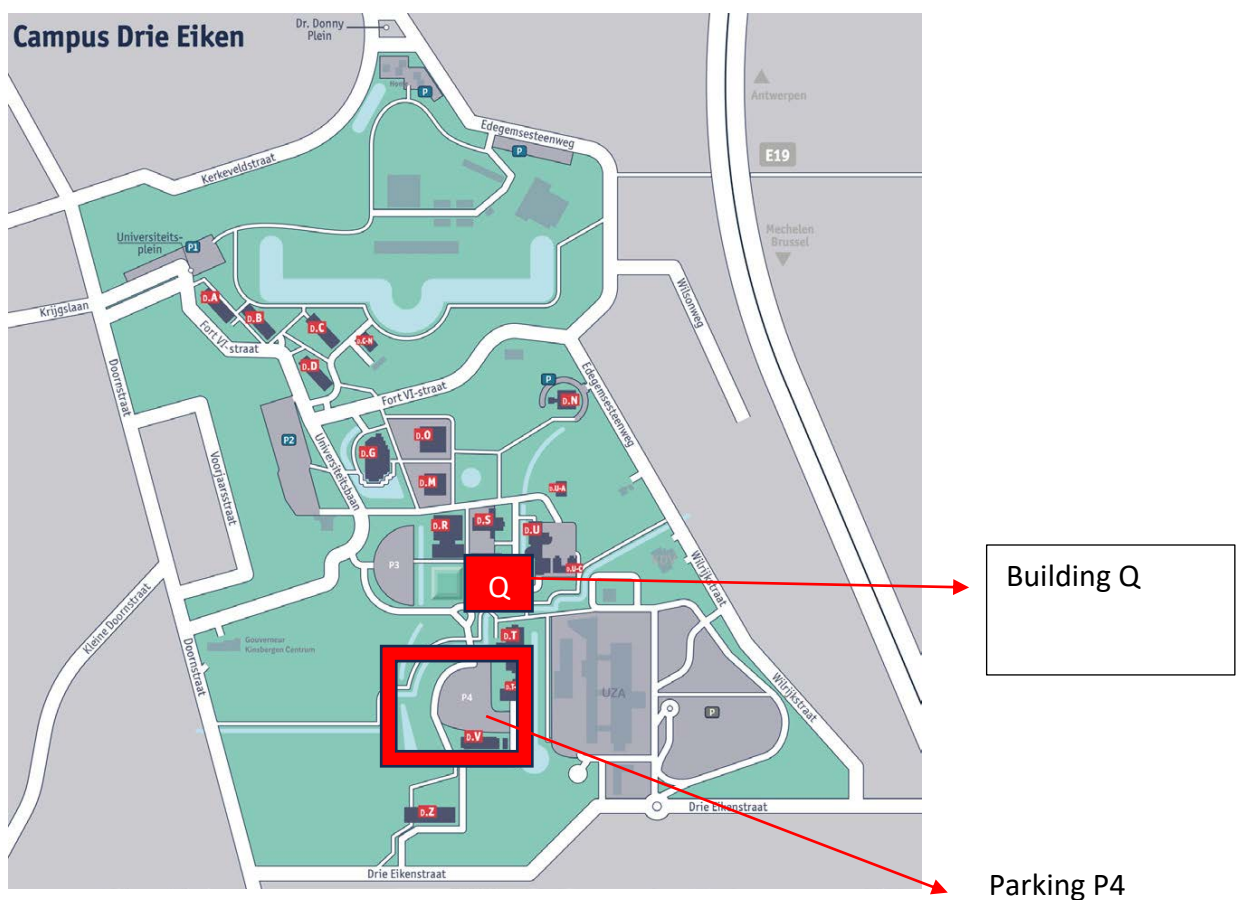
General Information

Venue and Dates

The Annual congress of B-ORL will take place on, 22 and 23 November 2024 in Building Q, Campus Drie Eiken of the University of Antwerp.

Campus Drie Eiken

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