



# Program

## **B-ORL Annual Congress 2024**

**22 – 23 November 2024**

Wilrijk, Belgium  
University Antwerp, Campus Drie Eiken

President : An Boudewyns

### **Key-note speakers & International Faculty**

- Vincent Couloigner (Paris, France)
- Raj Dedhia (Pennsylvania, US)
- Derek Lam (Oregon, US)
- Navan Mani (Manchester, UK)
- Tjasse Bruintjes (Apeldoorn, Netherlands)
- Sarah Lebeer (Antwerp, Belgium)
- Ilse Dapper (Belgium)



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Dear colleagues,

I'm pleased to announce that the final program of the B-ORL Annual Congress 2024.

The theme of the meeting "ENT across the life-span, balanced and sustained" will cover recent innovations in the field of ENT for both pediatric and adult patients.

This program reflects the effort of our local ENT faculty at UZA who invited national and international colleagues from different ENT subspecialties and other disciplines.

The Professional ENT society will support the session professional development, Green ENT and a breakfast session on Saturday morning for the ENT trainees and master of the trainee program.

Representatives from the industry will be eager to providing you updates on new products, instruments and tools during the coffee and lunch breaks.

The congress diner on Friday evening will take place at an historical location with an excellent culinary tradition: restaurant Sir Anthony Van Dijck in "de Vlaaikensgang".

And finally, the Annual Congress is an excellent opportunity to meet and chat with colleagues in a friendly atmosphere and to visit Antwerp.

I look forward to meeting you at the B-ORL Annual Congress 2024 and I would like to encourage you to take advantage of the early-bird registration fees.

Kindest regards,

An

Prof. dr. An Boudewyns  
President B-ORL 2024

## Programme at a glance

Friday 22 November 2024		Saturday 23 November 2024		
Auditorium		Promotiezaal		Workshoproom
08:30	Rhinology	Otology	Facial Plastics	Breakfast session : Ma-na-ma in ENT
10:30	Coffee break		Coffee break	
11:00	Workshop: Rhinology	Workshop: Laryngology	Oncology in ENT (Head/Neck/ Rhinology)	Otology
12:20	Keynote : Prof. dr. Vincent Couloigner, Paris, France			
12:50	Lunch		Lunch	
14:00	Keynote : Prof. dr. Sara Lebeer, University of Antwerp		Ethics & Economics ENT : Green, Lean Sustainable	
14:30	Head and Neck (Non-oncologic conditions)	Obstructive Sleep Apnea Syndrome	Ethics & Economy Keynote : Dr. Ilse Dapper	
16:30	Coffee break		Farewell drink	
17:00	Workshop: Career Development	Workshop: Oropharyngeal Dysphagia		
18:00				
19:30	B - ORL Networking dinner			

## International faculty and key-note speakers



### **Tjasse Bruintjes**

Prof Tjasse Bruintjes is ENT- surgeon with a special focus on vestibular disease in Apeldoorn, The Netherlands. In 2000 he co-founded the Apeldoorn Dizziness Centre, which developed over the years into a centre of expertise for dizzy patients. Since 2020 he is a professor in otorhinolaryngology, in particular Meniere's disease, at Leiden University. His research is focused on the diagnosis and treatment of Meniere's disease,

BPPV and loss of vestibular function. He was chairman of the Dutch multidisciplinary guideline committee "BPPV", "Dizziness in the elderly" and "Meniere's disease".

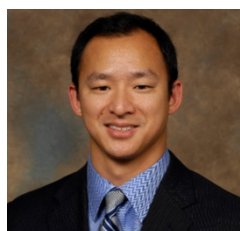


### **Ilse Dapper**

Dr Ilse Dapper is specialist in internal medicine- intensive care specialist – emergency medicine. Leadershipconsultant (Harvard Business School – Ehsal – coachingcertificate)

Founder of BDapper in 2016: the mission of BDapper is to inspire and inform other medical doctors concerning leadership skills. These skills unlock the potential of healthcare workers so they can flourish and keep the good vibes in

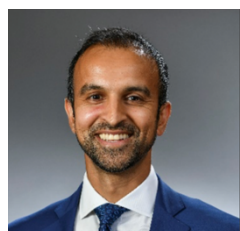
medicine. Since 2021 Ilse is fulltime working as a leadership consultant.



### **Derek Lam**

Derek J. Lam MD, MPH is a Professor in the Department of Otolaryngology-Head and Neck Surgery at Oregon Health and Science University. He completed his medical school, residency, and Masters of Public Health at the University of Washington in Seattle and a Pediatric Otolaryngology fellowship at Cincinnati Children's Hospital Medical Center. Dr. Lam is a clinician-scientist and studies the diagnosis and surgical management of pediatric obstructive sleep apnea,

supported by two R61/R33 grants through the National Heart, Lung, and Blood Institute. His other clinical interests include dysphagia management, airway reconstruction, and surgical management of adult sleep apnea, including upper airway stimulation.



### **Raj Dedhia**

Raj C. Dedhia, MD MSCR is currently Associate Professor and Director of Sleep Surgery & CPAP Alternatives Clinic at the University of Pennsylvania in Philadelphia, PA USA. Dr. Dedhia is board-certified in both sleep medicine and otolaryngology. He has a unique background having completed an accredited fellowship in sleep medicine & surgery at the University of Washington, residency in otolaryngology/head & neck surgery at the University of

Pittsburgh Medical Center and a Masters in Clinical Research from the University of Pittsburgh.

Dr. Dedhia performs the full gamut of sleep surgery including drug-induced sleep endoscopy, complex functional nasal surgery, soft tissue reconstruction, hypoglossal nerve stimulation and skeletal surgery. As Site Director of the Sleep Medicine & Surgery Fellowship at the University of Pennsylvania, he regularly trains sleep otolaryngology fellows.

At present, Dr. Dedhia receives grant support from the National Institutes of Health. His research interests include upper airway pathophysiology in sleep-disordered breathing as well as the cardiovascular effects of sleep-disordered breathing.



### **Navin Mani**

Dr Navan Mani is an ENT Consultant based at Manchester Royal Infirmary. He has an interest in thyroid and parathyroid surgery, head & neck oncology and general ENT conditions. He undertook a sub-speciality training in New York, USA, gaining international experience and expertise.

Dr Navan Mani is the department lead for clinical effectiveness at Manchester Royal Infirmary and works closely with colleagues and other staff to ensure safe and effective patient care.



### **Sarah Lebeer**

Prof. Dr. Ir. Sarah Lebeer is internationally recognized for her research on the microbiome, particularly concerning the vagina, skin, and upper respiratory tract (URT) or ENT region. She earned her Master's in Bioscience Engineering at KU Leuven, followed by a PhD in Bioscience Engineering on the gut microbiome in 2008. Since 2011, she has served as the principal investigator and head of the Laboratory of Applied Microbiology and Biotechnology at the University of

Antwerp, currently appointed as full professor.

Her groundbreaking work on probiotics and lactobacilli has positioned her as a leading figure in the field. For example, she serves as the current vice president of the International Scientific Association on Probiotics and Prebiotics (<https://www.isappscience.org>).

One of Prof. Lebeer team's notable achievements was their role as the coordinator of the ProCure IWT SBO project (<https://procureproject.be>), which ran from 2016 to 2020. This project, carried out in close collaboration with ENT specialists Prof. Vanderveken (UAntwerpen) and Prof. Hellings (KU Leuven), focused on advancing research on the URT microbiome in relation to chronic rhinosinusitis and otitis media. The ProCure project laid the groundwork for subsequent groundbreaking studies that have significantly enhanced our understanding of the URT microbiome and potential for ENT probiotics.

Today, Prof. Lebeer and her team continue to explore the role of the URT microbiome in conditions such as otitis media, cleft palate, and cystic fibrosis. This ongoing research involves collaborations with experts like Prof. An Boudewyns, Prof. Topsakal, Prof. Stijn Verhulst, Prof. Irina Spacova, and Prof. Kim Van Hoorenbeeck. Reflecting their commitment to advancing health equity through microbiome-centric and multidisciplinary research, they are launching a new Centre of Excellence at UAntwerp named U-MaMi, dedicated to studying the URT, gut, and vaginal microbiomes.



### **Vincent Couloigner**

Professor. Vincent Couloigner is Head of the Pediatric ENT department in Necker Pediatric Hospital, Assistance Publique – Hôpitaux de Paris, Paris Cité University. He is Secretary General of the French ENT Society and Head of the Scientific Committee of the European Society of Pediatric Otorhinolaryngology (ESPO).

His field of interest and specialization in pediatric ENT are head and neck tumours and malformations, skull base surgery, robotic thyroid surgery, sleep apnea and emergencies.

## Programme in detail

Friday – 22 November - Morning

### AUDITORIUM

#### 08h30 – 10h30 : Rhinology

*Chair : Stijn Halewyck*

*Co-Chair : TBA*

- |       |   |                       |
|-------|---|-----------------------|
| 08h30 | The use of systemic steroids for chronic rhinosinusitis: Weighing the pros and cons | <i>Valerie Hox</i>    |
| 09h00 | Rhinology guideline update  | <i>Kato Speleman</i>  |
| 09h30 | Nose reconstruction - overview and update   | <i>Callum Faris</i>   |
| 10h00 | Taste and smell loss - an update  | <i>Caroline Huart</i> |

**10h30 - 11h00**      *Coffee break & visit exhibition*

#### 11h00 – 12h15 : Workshop - Rhinology

*Moderators : Florence Rogister and Anneclaire Vroegop*

*Co-Moderator : TBA*

- |       |  |   |
|-------|--|---|
| 11h00 | Update on biologicals: Indications and future perspectives | <i>Philippe Gevaert</i>                                     |
| 11h15 | When to operate in pediatric sinus disease?                | <i>Laura Van Gerven</i>                                     |
| 11h30 | Management of frontal sinus pathology                      | <i>Thibaut Van Zele</i>                                     |
| 11h45 | Round table on difficult sinus cases                       | <i>Philippe Gevaert, Laura Van Gerven, Thibaut Van Zele</i> |

#### 12h20 – 12h50 : Keynote lecture

*Chair : An Boudewyns*

*Co-Chair : TBA*

- |       |   |   |
|-------|---|---|
| 12h20 | ENT across the life span: Challenges and potentials | <i>Vincent Couloigner (Paris, France)</i> |
|-------|---|---|

**12h50 - 14h00**      *Lunch & visit exhibition*

## PROMOTIEZAAL

### 08h30 – 10h30 : Otology

*Chair : Stefan Delrue*

*Co-Chair : TBA*

08h30 Managing acute mastoiditis in children: Antibiotics, grommets, mastoidectomy, leave drain? ***Elke Loos***

09h00 National guidelines on cochlear implantation. To ensure safe and effective care ***Philippe Lefèbvre***

09h30 Adult tympanoplasty: Tips and tricks with respect to technique and material ***Nicolas Verhaert***

10h00 Cochlear implants: When is it better than a hearing aid and what about reimbursement? ***Vincent Van Rompaey***

***10h30 - 11h00 Coffee break & visit exhibition***

### 11h00 – 12h15 : Workshop - Laryngology

*Moderator : Gauthier Desuter*

*Co-Moderator : TBA*

11h00 Voice work-up: The ELS Consensus ***Jérôme Lechien***

11h20 Case presentations  
11h20 ***Laura Bousard***  
11h25 ***Gwen Van Nuffelen***  
11h30 ***Gauthier Desuter***  
11h35 ***Evelien D'haeseleer***  
11h40 ***Peter Thomassin***

11h45 Round table discussion  
***Jérôme Lechien, Laura Bousard, Gwen Van Nuffelen, Gauthier Desuter, Evelien D'haeseleer, Peter Thomassin***

### 12h20 – 12h50 : Keynote lecture (Auditorium)

***12h50 - 14h00 Lunch & visit exhibition***

**Friday – 22 November - Afternoon**

**AUDITORIUM**

**14h00 – 14h30 :      Keynote lecture**

*Chair : An Boudewyns*

*Co-Chair : TBA*

- 14h00      The microbiome of the ear-nose-throat region: Recent insights and clinical applications** *Sarah Lebeer (UAntwerp)*

**14h30 – 16h30 :      Head and Neck (Non-oncologic conditions)**

*Chair : Gilles Van Haesendonck*

*Co-Chair : TBA*

- 14h30      Congenital cysts in head and neck *Vincent Vander Poorten*
- 15h00      Sialendoscopy: Current indications *Steven Mariën*
- 15h30      Non-malignant indications for robotic surgery in the head & neck region  
*Tom Vauterin*
- 16h00      A case you will never forget *Carl Van Laer*

**16h30 - 17h00      Coffee break & visit exhibition**

**17h00 – 18h00 :      Workshop – Career Development**

*Moderator : Callum Faris*

*Co-Moderator : TBA*

- 17h00      Development of an academic career: Training and education *Vincent Couloigner*
- 17h20      Innovation in the hospital environment *Marc Peeters*
- 17h40      Development of a surgical career *Navin Mani (Manchester, UK)*

**19h30 - Congress networking dinner**



**PROMOTIEZAAL**

**14h00 – 14h30 : Keynote lecture (Auditorium)**

**14h30 – 16h30 : OSAS**

*Chairs : Olivier Vanderveken and An Boudewyns*

- 14h30 OSAS in adolescents **Stijn Verhulst**
- 15h00 Value of DISE in children with obstructive sleep apnea **Derek Lam (Oregon, US)**
- 15h30 POP DISE **Raj Dedhia (Pennsylvania, US)**
- 16h00 Why the future looks bright for OSA patients **Olivier Vanderveken**

**16h30 - 17h00 Coffee break & visit exhibition**

**17h00 – 18h00 : Workshop – Oropharyngeal Dysphagia**

*Moderator : Gwen Van Nuffelen*

*Co-Moderator : TBA*

- 17h00 Evaluation and management of oropharyngeal dysphagia **Rupal Mehta**
- 17h15 Multidisciplinary approach - cases & rehabilitation strategies (SLP)  
**Gwen Van Nuffelen**
- 17h30 Multidisciplinary approach - cases & rehabilitation strategies (ORL)  
**Diane Van Rompaey**
- 17h45 Importance of nutritional assessment **Linda Bartholomeussen**

**19h30 - Congress networking dinner**

## Saturday – 23 November - Morning

### WORKSHOP ROOM

#### 08h00 – 08h45 : Breakfast session : ENT training in Belgium

*Moderators : Nadine Masy and Nicolien van der Poel*

*Co-Chair : TBA*

08h00 ENT training in Belgium: Tools for organisation in view of the complex legal requirements **Danny Matthijssen**

### AUDITORIUM

#### 08h30 – 10h35 : Facial plastics

*Chairs : Garyfalia Lekakis and Gert Jeunen*

*Co-Chair : Emilie Lavrysen*

08h30 Skin cancer guidelines **Kevin Gmelig Meijling**

08h55 Case selection in primary rhinoplasty - who (not) to operate **Peter Hellings**

09h20 Structural, preservation or precision rhinoplasty: What's in a name? **Frank Declau**

09h45 Revision rhinoplasty **Callum Faris**

10h10 Tongfrenulum **Greet Hens**

**10h35 - 11h00 Coffee break & visit exhibition**

#### 11h00 – 12h30 : Oncology in ENT (Head/Neck/Rhinology)

*Chair : Carl Van Laer*

*Co-Chair : TBA*

11h00 An overview of malignant head and neck tumors in pediatric population and indications for surgery **Joris Verlooy**

11h20 Leukoplakia/OPMD **Senada Koljenovic**

11h40 Surgical management in thyroid malignancies **Wouter Huvenne**

12h00 A case you will never forget **Vincent Vander Poorten**

12h20 Q&A

**12h30 - 14h00 Lunch & visit exhibition**

**11h00 – 12h30 : Otology**

*Chair : Vincent Van Rompaey*

*Co-Chair : TBA*

- 11h00 External ear deformities: Update on management ***Herman Junior Vercruysse***
- 11h15 Cholesteatoom: when and how to operate ***Jean-Philippe Van Damme***
- 11h30 What has changed in my dizziness clinic the last 10 years and what do think will change in the next 5 years? ***Tjasse Bruintjes (Apeldoorn, NL)***
- 11h45 Pediatric tympanoplasty: Differences with adult tympanoplasty?  
***Ingeborg Dhooge***
- 12h00 Instructional endoscopy: A sightseeing tour in the middle ear. ***Sven Geukens***
- 12h15 Q&A

**12h30 - 14h00 Lunch & visit exhibition**

Saturday – 23 November - Afternoon

**AUDITORIUM**

**14h00 – 15h00 : E & E  
ENT : Green, Lean sustainable**

*Chairs : Rupal Mehta and Thibert Robillard*

*Co-Chair : TBA*

14h00   Optimisation carbon footprint in the operating theatre and the ecologic impact  
of inhalational anesthetics *Alain Kalmar*

14h30   Surgical waste in the ENT theatre *Anne-Lise Porrier*

**15h00 – 16h00 : E & E  
Keynote lecture**

*Chairs : An Boudewyns and Nadine Masy*

*Co-Chair : TBA*

15h00   Smart Leadership for ENT surgeons *Ilse Dapper*

**16h00 - 16h30       *Farewell drink***

## Registration

Registration on-line at [www.ORL-NKO.be](http://www.ORL-NKO.be)

<b>Registration fee *</b>		<b>Early</b>	<b>Late</b> (as from 10/11/2024)
B-ORL Member MD	1 Congress day	€ 95,00	€ 125,00
	2 Congress days	€ 155,00	€ 185,00
Non-Member MD	1 Congress day	€ 500,00	€ 500,00
	2 Congress days	€ 530,00	€ 530,00
MD in residence	1 Congress day	€ 65,00	€ 95,00
	2 Congress days	€ 110,00	€ 140,00
Medical Student	1 Congress day	€ 65,00	€ 95,00
	2 Congress days	€ 110,00	€ 140,00
B-Audio member	1 Congress day	€ 95,00	€ 125,00
	2 Congress days	€ 155,00	€ 185,00
Paramedical / non-member B-audio	1 Congress day	€ 95,00	€ 125,00
	2 Congress days	€ 155,00	€ 185,00
Student (Non-MD)	1 Congress day	€ 65,00	€ 95,00
	2 Congress days	€ 110,00	€ 140,00
Congress Dinner (22 November 2014)		€ 110,00	

\* The registration fee covers admittance to the scientific sessions, final program, access to technical exhibition, lunch, and refreshments during breaks

## Social Program and Congress Dinner

**Friday 22 November 2014 (19h30)**

**Venue: Sir Anthony Van Dijck**

Address: Oude Koornmarkt 16, 2000 Antwerpen

Price : € 110/ person

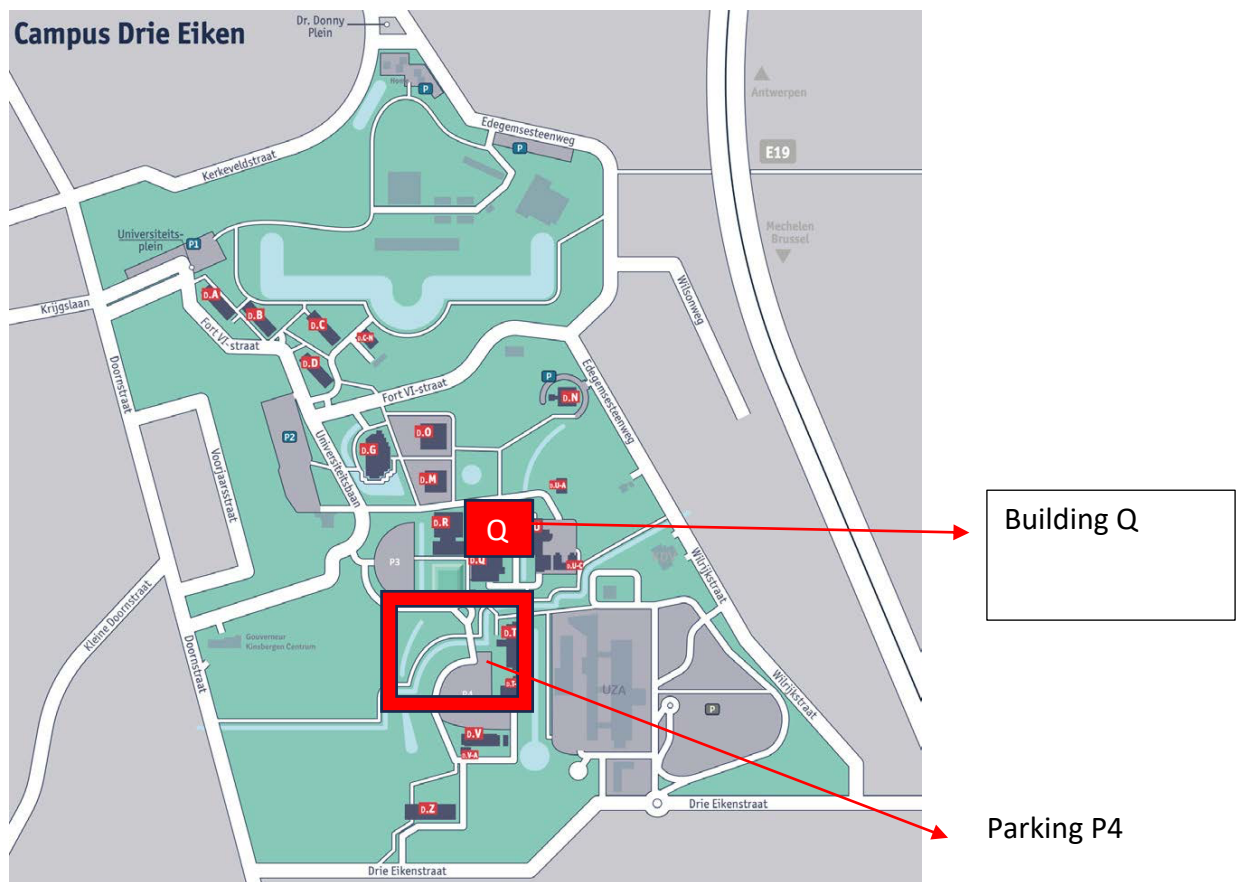
## General Information

## Venue and Dates

The Annual congress of B-ORL will take place on, 22 and 23 November 2024 in Building Q, Campus Drie Eiken of the University of Antwerp.

## Campus Drie Eiken

Buiding Q, Universiteitsplein 1, 2610 Wilrijk



## Congress Secretariat

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